Environmental Health Check

Dear Parent/Carer,

We are excited to let you know that we are running an Environmental Health Check in our school.

We will be reviewing the school's current position in terms of habits and behaviours which are planet positive. We will then focus on moving the school forward and we will need your help! We are excited to work with you and your child to empower the next generation to create a better future for planet and people.

It's important to say from the start that the aim of this exercise is just to try new things - we can't change our behaviour if we don't try first and see what is possible. However, our focus and ethos is POSITIVE - everything you do counts. We are not focused at all on what we don't manage. We are interested in trying new things and then forming new habits.

The programme will has three themes and addresses the following areas:
E = Eating (Theme One) C = Commuting (Theme Two) O = making space for Others (Theme Three)

Each theme has two challenges:
Theme One - Eating:
Challenge 1 = Reduce single use plastic
Challenge 2 = Reduce meat in our diet

Theme Two - Commuting:
Challenge 3 = Reduce fossil fuels
Challenge 4 = Support local carbon sequestering

Theme Three - making space for Others:
Challenge 5 = Increase 'wild' space by 10%
Challenge 6 = Add one new 'habitat' to our site

The challenges in green are the ones we will need your help with. Along with your child, could you:
Make snacks and lunchboxes single use plastic free?
Make one lunchbox meat free or encourage your child to try one vegetarian meal?
Reduce fossil fuels (walk, share lifts, drive half the distance and walk, whatever is do-able)?

We are really grateful for your help and support. All these changes count and and we are excited to see what our school community can change!